



Training course Senior Service Worker: MODULE 2 - Health care and nursing in home and community based settings for the elderly

Course plan

LU #	Learning Unit	Hrs. LU	Thematic Focus	Lesson number	Lesson	Hrs.	On-line hrs.
1	Basic concepts and foundations	5	Introduction and basics	1	Concepts of old age and health promotion - Healthy aging as a global strategy	2	8
				2	Concepts of decision making and self reflection - The concept of Public Health Nursing/Community Health Nursing	3	
2	Assessing requirements and needs in community based settings	10	Basics of assessment	1	Nursing process as key concept for assessment	3	8
				2	Health status of the elderly	3	
				3	Areas for Senior Service Workers: Self care, mobilization, preventive and rehabilitative measures, general hygiene, using medical aid, appliances and first aid	4	
3	Care for people with dementia in community based settings	9	Introduction and foundations	1	What is dementia? Disease pattern and different manifestations	2	8
				2	Person centered approach to people with dementia	3	
				3	Introduction into the concept of validation	2	
				4	Ethical and care issues	2	
	Field work	30					
4	Guiding and advising in community based settings	6	Consulting Knowledge	1	Overview of health care related services in community based settings (outpatient and inpatient services, day care centres, medical and social institutions)	2	6
				2	Financing of healthcare and social services in community	2	
				3	Introduction to a person centred approach of advising	2	
	Written examination, seminar paper, portfolio						
	Total course length (without final examination)					30	30