


Training course Senior Service Worker: MODULE 6 - Ambient Assisted Living services in home care and community based settings for the elderly

Course plan							
LU #	Learning Unit	Hrs. LU	Thematic Focus	Lesson number	Lesson	Hrs.	On-line hrs.
1	Basic concepts of ambient assisted living services	3	Introduction and basics	1	The concept of ambient assisted living service for elderly people	1	2
				2	The concept of assistive technologies, types of assistive technologies	2	
2	Using ambient assisted living services	17	Seniors as the primary AAL service users	1	Mapping up the senior target group for AAL solutions	2	18
			Secondary and tertiary AAL service users	2	The life stage models and their relation to AAL solutions	3	
				3	Relatives and informal carers	4	
				4	Professional caregivers	4	
				5	Other stakeholders	4	
3	Ambient assisted living solutions for the elderly	10	Ambient assisted living services	1	Telemedicine and telecare	2	10
				2	Tele-health and mHealth	2	
				3	Challenges to widespread adoption of telemedicine and telecare	1	
			Online health and well-being services	4	The concepts of eHealth. The role and influence of social media. Barriers to digital inclusion for the elderly.	2	
			Smart home technology	5	The concept of a smart home, smart home networks, smart home appliances	3	
	Field work	40					
4	Guiding and advising about ambient assisted living services	10	Techniques in guiding and advising	1	Guiding and giving advice to elderly or other professionals	2	10
			Techniques in applying assisting services	2	Proper application of assisting services	2	
			AAL solutions for seniors suffering from dementia	3	Recognizing the symptoms of dementia, disease development stages	2	
				4	Coping with dementia	2	
				5	Designing AAL solutions for dementia patients	2	
	Written examination seminar paper, portfolio						
	Total course length (without final examination)					40	40

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