

# MEREK

## Rehabilitation Centre for Physically Disabled People



- **Maintainer: Directorate-General for Social and Child Protection**
- **Basic services and special care under the personal care of the Social law**
- **Budapest, II. district, Marczibányi square 3.**
  - *Accessible and barrier-free*
  - *Well-accessible social, health, administrative, and cultural opportunities*
- **Good infrastructure**
- **National competence**

# Mission

- **Disabled people** (*over age 14, retirement age has not been reached*)
- **Rehabilitation and social integration**
- **Complex rehabilitation services**
- **Taking into account personal needs**
- **Strong relationships with the clients**



# Tasks

- Raising our client's needs for independent living, increasing self-reliance
- Developing and strengthening the skills required for these goals

**Aim:**

**Social equality, become independent and self-determined living persons**

**What we do for this purpose:**

- Improve the physical condition of our clients, develop their independence through various rehabilitation activities
- Participation in education, vocational training, help to find jobs
- Team work, Personal Developing Plan



# Forms of services

## Basic services

- **Rehabilitation institutional residential care**

- *Disabled persons suitable for rehabilitation*
- *3+2 years*

- **Institutional nursing care**

- *For people with severe disabilities as well*
- *For an indefinite period*

# **Other forms of services**

**In collaboration with the Foundation ADDETUR:**

- **Temporary home care (at Budapest, 2 locations)**
- **Day care rehabilitation (Holnap Háza-House of tomorrow)**

# Complex rehabilitation professional services

- **Personal care** (independent life style)
- **Physiotherapy** (personal, small groups, adapted sports)
- **Cognitive subskills development**
- **Logopaedia, communication skills development**



# Complex rehabilitation professional services

- **Psychological support**

(personal, treatment of acute crisis, Family psychic care, thematic groups)



- **Social care**

(Social skills, conflict, Crisis management, independent living Administration, external social network contact)



# Complex rehabilitation professional services

- **Occupational rehabilitation**

(Work rehabilitation, development and preparatory employment)

**Goals:**

- develop physical and mental skills
- the development and restoration of the independent work ability
- providing employment under the social service
- preparation for labor market work



# Complex rehabilitation professional services

## Occupational rehabilitation

### Added values:

- Personalized service
- Based on real needs
- Taking into consideration existing skills, age, physical and mental condition
- Mentor service
- Assisting the placement on the open labor market

### Areas of employment :

Gardening, digitizing workshop, paperwork, etc.



# Complex rehabilitation professional services

- Leisure time organization





# Rolling Aid Workshops and Logistic Centers



- **Workshop network services:**
- Repair and maintenance of aids
- Conversion of tools
- Guidance
- Rental of life-support equipment
- **Logistic centers:**



- Supporting technologies
- Rental of life-support equipment
- For people receiving home care

# Thank you for your attention!

Zsuzsanna Renner

